

Essence: Sweet children, this *knowledge* is of total peace. There is no need to say anything in this. Simply continue to remember the Father, the Ocean of Peace.

Question: What is the basis of progress? When will you be able to imbibe the Father's teachings?

Answer: The basis of progress is *love*. You need to have true love for the one Father. Even whilst living close, if there isn't progress, definitely *love* is lacking. If there is *love*, you will remember the Father. By remembering the Father you will be able to imbibe all teachings. In order to progress, write your *chart* with honesty. Don't hide anything from the Father. Whilst becoming soul conscious, continue to reform yourself.

Om shanti. Children, sit here considering yourselves to be souls and remember the Father. The Father asks you: Whenever you give a lecture to a gathering, do you constantly ask them: Do you consider yourselves to be souls or bodies? Sit here considering yourselves to be souls. It is the soul that takes rebirth. Consider yourselves to be souls and remember the Supreme Father, the Supreme Soul. Your sins will be absolved by remembering the Father. That is called the fire of yoga. The incorporeal Father says to you incorporeal children: By remembering Me your sins will be cut away and you will become pure. Then you will attain liberation and liberation-in-life. Everyone definitely has to come into liberation-in-life after liberation. So, you have to repeatedly be told: Have the faith that you are souls whilst sitting here. Brothers and sisters, sit here considering yourselves to be souls and remember the Father. The Father has given this order. This is the pilgrimage of remembrance. The Father says: Connect the yoga of your intellect with Me and your sins of birth after birth will be burnt away. Only when you repeatedly remind them of this and explain it to them will they understand that the soul is imperishable and that the body is perishable. The imperishable soul adopts a perishable body, plays its *part*, sheds one body and then takes another. The original religion of the soul is peace anyway. The soul doesn't know its own religion. The Father now says: Remember Me and your sins will be absolved. This is the main thing. First of all you children have to make this effort. The unlimited Father says this to you souls. There is no need to take up any scriptures in this. Even if you give them the example of the Gita, they say that you take up just the Gita, but why do you not mention the Vedas? Baba has said: Ask them which religion the Vedas is a scripture of. (Of the Arya religion.) Which religion do you call the Arya religion? There is no Hindu religion. The original eternal religion is the deity religion, so which religion is the Arya religion? The Arya religion would be the religion of the Arya Samaj. There is no religion with the name Arya religion. Who established the Arya religion? In fact, you should not even take up the Gita. The first thing is to consider yourself to be a soul and remember the Father and you will become satopradhan. At this time all are tamopradhan. First of all you have to give the Father's introduction. You have to praise just the one Father. You will only be able to say this when you yourselves are remembering the Father. Children are weak in this aspect. The Father always says: Keep your *chart* of the pilgrimage of remembrance. Each one of you should ask your heart: To what extent do I stay in remembrance? You children should have internal happiness in your heart. If you children have internal happiness, then this will have an effect when you explain to others. The first main thing you have to tell them is: Brothers and sisters, consider yourselves to be souls. No one will say this in any other spiritual gathering. In fact, none of those are spiritual gatherings where you have the company of the truth. In fact, the company of truth is only of the One. All the rest is false company. Here, this is something completely new. No religion was established through the Vedas. So, why should we take up the Vedas? No one has this knowledge. They themselves say, "Neti, neti" (We do not know, we do not know.) So, that means that they are atheists. The Father Himself now says: Become theists. Consider yourselves to be souls. These things are mentioned a little bit in the Gita, but not in the Vedas. There are many Vedas and Upanishads etc. Which religion are they the scriptures of? People speak of their own opinions. You mustn't listen to anyone. The Father explains everything to you easily: Consider yourselves to be souls and remember the Father and you will become pure. This is why you have to know the *history* and *geography* of the *world*. These pictures of Trimurti and the cycle that you have are the main ones. All the religions are included in them. First of all is the deity religion. Baba has said: Make very big pictures of the Trimurti and the cycle and put them up at the main places in Delhi where there is a lot of coming and going. They should be on a

tin (metal) sheet. The picture of the ladder doesn't show all the other religions. These two pictures are the main ones. These are the ones you have to explain. The first thing is the Father's introduction. You receive an inheritance only from the Father. Without instilling faith in this one aspect, no one will be able to understand anything else you tell them. If they haven't understood the one Father, it is useless to explain the other pictures to them. Without understanding Alpha, they won't understand anything. Don't speak of anything else without giving them the Father's introduction. You receive the unlimited inheritance only from the Father. Baba wonders why children are unable to understand such easy things! The Father of you souls is Shiva and you receive an inheritance from Him. All of you are *brothers* amongst yourselves. When you forget this you become tamopradhan. Now, remember the Father and you will become satopradhan. The main thing is to know the Creator and the creation. No one knows them. Even the rishis and munis did not know them. So, first of all give the Father's introduction and make everyone into a theist. The Father says: By knowing Me you will know everything. If you don't know Me, you will not be able to understand anything. You then *waste* your time unnecessarily. Whatever pictures that are created according to the drama are fine. However, even though you make so much effort, it doesn't sit in anyone's intellect. Children say: Baba, is there a mistake in the way that we explain? Baba instantly says: Yes, children, there is a mistake. If they haven't understood Alpha, then instantly ask them to go away. Tell them: Unless you know the Father, nothing will sit in your intellect. If you don't stay in the soul conscious stage, your eyes remain *criminal*. They will become *civil* when you consider yourselves to be souls. If you are soul conscious, then your eyes will not deceive you. If you are not soul conscious, Maya will continue to deceive you. This is why you first of all have to become soul conscious. Baba says: Show Me your chart so that I can know it. If even now, you are telling lies, committing sin or getting angry, then you are destroying your own truth (destroying everything for yourself). Seeing your *chart*, Baba understands whether you have written the truth or if you haven't even understood the meaning. Baba tells all the children: Write your *chart*. Children who don't stay in yoga are unable to do that much service. They are unable to fill themselves with power. Although they say, "Baba, Baba", only a handful out of multimillions will emerge. However, if you yourselves don't stay in yoga, how can you tell others? Sannyasis say that happiness is like the droppings of a crow. They don't even mention the name of happiness. You know that there is a lot of devotion. There is so much noise in that, whereas your *knowledge* is very peaceful. Tell them that the Father alone is the Ocean of Peace. You have to consider yourselves to be souls and remember the Father. The Father says: Manmanabhav! Don't even say this term. The Hindi language is of Hindustan. So, why is there the other language, Sanskrit? Now, put aside these languages. First of all give a lecture: Consider yourselves to be souls. There are many who are unable to consider themselves to be souls and stay in remembrance. No one is able to understand their loss. There is benefit only in remembering the Father. In no other spiritual gatherings do they say: Consider yourselves to be souls and remember the Father. Do children ever sit down in one place and remember their father? They naturally have remembrance of their father whilst walking, sitting and moving around. You now have to practice being soul conscious. You speak a lot, but you shouldn't speak that much. The main thing is the pilgrimage of remembrance. You will become pure only through the fire of yoga. At this time, all are unhappy. Happiness is received only by becoming pure. If you explain to others whilst being soul conscious, the arrow will hit them. If some themselves indulge in vice yet tell others to become viceless, that arrow will not hit the target. The Father says: Children, you yourselves don't stay on the pilgrimage, and this is why the arrow doesn't hit the target. The Father says: Now let the past be the past. First of all reform yourself. Ask your heart: How much do I consider myself to be a soul and remember the Father, who makes me into a master of the world? We are the children of Shiv Baba, and so we definitely have to become masters of the world. That Beloved alone comes and is now standing in front of you and so you should have a lot of *love* for Him. *Love* means remembrance. When a couple get married, the wife has so much love for her husband. You are now engaged, but not married. You will become married when you go to the land of Vishnu. You will first go to Shiv Baba and then you will go to your in-law's home. The happiness of the engagement is no less! As soon as you become engaged to someone, that remembrance becomes firms.

Engagements take place in the golden age too, but engagements never break there. There is no untimely death there. Those take place here. You children have to remain pure whilst living at home with your family. Even though you may be living close, there isn't that progress. Those who come here with that *love* progress a great deal. If there isn't remembrance, then there isn't that *love* either, and then you are unable to imbibe His teachings. God speaks: You children have to give everyone the message: Lust is the greatest enemy which causes sorrow from the beginning through the middle to the end. You were the pure masters of the golden age. You have now fallen and become dirty. Now, become pure once again in this final birth. *Cancel* the bondage of sitting on the pyre of lust. When you children speak in a yogyukt manner, it will sit in people's intellect. There has to be the power of yoga in the sword of knowledge. The first main thing is: Children say, Baba, we make a lot of effort and even then, hardly anyone emerges. Baba says: Explain whilst staying in yoga. Make effort to stay on the pilgrimage of yoga. You have been defeated by Ravan and become vicious. Now, become viceless. All your desires will be fulfilled through remembrance of the Father. Baba makes you into the masters of heaven. Baba gives many *directions*, but children are unable to *catch* them well, and they become engrossed in other matters. The main thing is to give the Father's message. However, if you yourself don't stay in remembrance, how can you tell others? You can't cheat. If you tell others not to indulge in vice yet you yourself indulge in it, then your conscience will definitely bite. There are even such cheats. This is why Baba says: The main thing is to know Alpha. By knowing Alpha, you will know everything. By not knowing Alpha, you will not be able to understand anything. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Maintain the internal happiness of staying in remembrance of the Father and give others the Father's introduction. Tell everyone the praise of the one Father.
2. Practice becoming soul conscious a great deal. You mustn't speak too much. Let the past be the past and first of all reform yourself. Maintain the *chart* of the pilgrimage of remembrance with honesty.

Blessing: May you be one who has pure and positive thoughts for others and with your positive thoughts, change the *negative* into *positive*.

In order to constantly remain powerful, simply remember two words: Pure thoughts of the original self and pure and positive thoughts for others. With your thoughts of the original self, you can change *negative* thoughts into *positive*. Being one with positive thoughts and having pure and positive thoughts for others, have a connection with one another. If you don't have pure thoughts for the self, you cannot be one who has pure and positive thoughts for others. At the present time, you have to pay *attention* to both these aspects, because many problems are such, and people are such, that they won't understand through words, but give them *vibrations* of your pure and positive thoughts and they will change.

Slogan: Play with the jewels of knowledge, virtues and powers, and not with dust.

* * * O M S H A N T I * * *